Planning ahead

End of life care and your wishes

We want to know **what matters to you**, so we can care for you as you wish, now and at the end of life.

Talking about your wishes

We can talk with you, and your family if you want, about your **wishes for future care**. This is called **advance care planning**.

It is **your choice**. Nobody will ever pressure you to talk about it.

We write your wishes in your **care plan** and look at them again from time to time.

Important decisions

You can choose someone to make decisions for you later. This is a **Lasting Power of Attorney**.

Decisions about **CPR** (restarting the heart) are made with your **GP**. If there is no decision, we will always try CPR.

Your family

Family are **welcome to be with you**. We will support them too.

Winchester Care Limited · The Shrubbery, 33 Wood Green Road, Wednesbury WS10 9QL · 0121 556 8899 · November 2026

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You can have this leaflet in **bigger print** or **another language**. Just ask a member of staff.

All our family leaflets
Scan with your phone camera, or visit winchester-care.co.uk/families

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